

# OSTERIA P ARUNDEL

'cose semplici fatte bene'

## SEAFOOD

<b>Fresh mussels (GF)</b> Available between 12pm - 3pm when in season. Shetland rope-grown mussels, cooked gently in white wine, butter, lemon and a little garlic. Served with fries.	<b>£12.95</b>
<b>Whitebait</b> Floured, seasoned and served with ciabatta, garlic aioli and chilli dips	<b>£9.95</b>
<b>Tempura Prawns</b> Lightly battered prawns served with garlic aioli and sweet chilli dips & skinny fries	<b>£11.95</b>
<b>Seafood Platter</b> A selection of whitebait, calamari and tempura prawns served with garlic aioli and sweet chilli dips and skinny fries	<b>£13.95</b>

## BURGERS

NB Our burger meat contains gluten

<b>Big Smoky</b> 6oz burger with smoked applewood cheddar, bbq relish, ciabatta bun, chips or salad	<b>£13.95</b>
<b>Rafano</b> 6oz burger with beef tomato, balsamic syrup and hot homemade horseradish cream, chips or salad	<b>£13.95</b>
<b>Don Alio</b> 6oz burger crispy bacon, applewood cheddar, chorizo sausage shavings, chilli & coriander jam, garlic aioli, topped with rocket, chips or salad	<b>£14.95</b>
<b>Boss' Dirty Burger</b> 6oz beef burger, crispy pancetta, applewood cheddar and lashings of sweet chilli and tzatziki, chips or salad	<b>£13.95</b>
<b>Naked Burger</b> 6oz burger no frills, burger in a bun, chips or salad	<b>£11.95</b>
<b>Veggie Burger (GF) (Vegan)</b> Spinach and falafel burger, tzatziki, chilli & coriander jam, chips or salad	<b>£12.95</b>
<b>Cajun Chicken Burger (GF)</b> Juicy marinated chicken breast with cajun spices served on toasted ciabatta with tzatziki, served with chips or salad	<b>£14.95</b>
<b>Chilli Beef Quinoa (GF)</b> Beef chilli with quinoa, advocado, creme fraiche and fresh chillies. Served with flatbread or fries.	<b>£9.95</b>

## LIGHT BITES

<b>Homemade Soup of the day (GF)</b> Served with toasted ciabatta	<b>£6.95</b>
<b>Lunchtime Platter (GF)</b> Mug of soup with small antipasto and toasted ciabatta. Choose from meat or veggie option.	<b>£9.95</b>
<b>Antipasto Plates (GF)</b> Small or large plates of mixed italian salumi, Italian cheese and preserves (large plate served with bread). Meat or veggie option available	<b>£7.25/£12.95</b>
<b>Chicken Liver Parfait (GF)</b> Served with red onion marmalade, baby gherkins and ciabatta	<b>£8.25</b>

## BRUSCHETTA

Served on fresh sourdough toast. If you require gluten free or vegan bread please inform your server...

<b>Broadbeans, pea, mint &amp; feta</b>	<b>£7.95</b>
<b>Bocconcini, cherry tomatoes and basil</b>	<b>£8.50</b>
<b>Smoked salmon, avocado, red onion and a lemon wedge</b>	<b>£8.75</b>
<b>Goat's cheese, red onion marmalade, balsamic syrup and rocket</b>	<b>£8.50</b>
<b>Salami, artichoke, peppers and pesto</b>	<b>£8.50</b>
<b>Speck ham, goat's cheese, rocket and fresh figs with a drizzle of olive oil</b>	<b>£8.50</b>
<b>Hot chicken breast, avocado, tomato rocket and balsamic syrup</b>	<b>£8.50</b>

## PASTA

(served 12 noon - 3pm, fresh fusili pasta)

<b>Carbonara (GF)</b> pancetta ham, eggs, cream & black pepper	<b>£10.95</b>
<b>De Niro (GF)</b> pancetta fried with garlic, wine, tomato and chilli	<b>£10.95</b>
<b>Bolognese (GF)</b> lamb ragu with a little pork sausage & rosemary	<b>£10.95</b>
<b>Pesto (GF)</b> fresh pesto, sunblush tomatoes and grana cheese	<b>£9.95</b>
<b>Allessandro (GF)</b> creme fraich with pesto, pancetta, button mushrooms & rocket	<b>£10.95</b>

(served all day)

<b>Lamb Lasagne</b> With spinach, bechamel and side salad	<b>£11.95</b>
<b>Veggie Lasagne</b> With broad beans, peas, mint, mascarpone, pesto, pine nuts and side salad.	<b>£11.95</b>

## PIZZA

<b>Classic Margherita</b> Using our home made passata sauce & Mozzarella	<b>£10.50</b>
<b>Tricolore</b> Margherita base, bocconcini mozzarella balls, cherry toms & fresh basil	<b>£12.50</b>
<b>Vegetariana</b> Margherita base, peppers, aubergines & cherry toms	<b>£12.50</b>
<b>Four Cheeses</b> Margherita base, mozzarella, gorgonzola, fontina & tallegio	<b>£12.50</b>
<b>Mafioso</b> Margherita base, mushrooms, salami, baby capers & fresh chilli	<b>£12.50</b>
<b>Sofia</b> Margherita base, gorgonzola, fresh figs & red onion marmalade	<b>£12.95</b>

## SALADS

<b>Caesar Salad</b> Served with chicken, anchovies & croutons	<b>£12.50</b>
<b>Mozzarella and Pesto</b> Fresh mini mozzarella balls, fresh homemade pesto, tomatoes and pine nuts.	<b>£12.50</b>

## SIDES

<b>Skinny Fries</b>	<b>£3.95</b>
<b>Polenta Chips</b>	<b>£4.25</b>
<b>Ciabatta</b> (with oil and balsamic vinegar)	<b>£3.25</b>
<b>Mixed Olives</b>	<b>£1.95</b>
<b>Side Salad</b>	<b>£3.50</b>
<b>Ciabatta garlic bread</b>	<b>£2.95</b>

## DESSERTS

<b>Sussex Ice-Cream Co.</b> Vanilla / Strawberries & cream / Banana & Caramel / Double Choc Brownie (GF) / Marmalade and Honeycomb / Passion fruit sorbet / Raspberry sorbet	<b>£3.95</b>
<b>Pappardelle Tiramisu</b> (contains alcohol)	<b>£6.25</b>
<b>Selection of Cakes</b> (see display fridge)	<b>from £3.50</b>

### Note: FOOD ALLERGIES

Please advise your server of any food allergies. Our restaurant offers products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

**GF = gluten free option available.**

NB: A discretionary service charge of 10% will be added to tables of 6 or more diners.



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